



**STUDENT NUTRITION SERVICES**

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<ul style="list-style-type: none"> <li>Zee Zee's Cinnamon Crisp Bar (DF)</li> <li>All Beef Hot Dog (DF)</li> <li>Mongolian Beef</li> <li>Bean Cheese Quesadilla (V)</li> <li>Broccoli w/Ranch</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bagel w/Cream Cheese</li> <li>Chicken Mole (DF)</li> <li>Hot Turkey Beef Meatball Sub</li> <li>Cheese Tamale (V)</li> <li>Black Beans, Edamame, corn &amp; Diced Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Mini Lemon Muffin &amp; String Cheese</li> <li>Turkey Pepperoni Pizza</li> <li>Cheese Pizza (V)</li> <li>Coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>Mini Bagels w/Grape Jam &amp; Hard Boiled Egg</li> <li>Jerk Chicken Drumstick w/Pineapple Carrot Rice (DF)</li> <li>Pancakes w/Maple Turkey Sausage &amp; Omelet</li> <li>Italian Calzone (V)</li> <li>Baby Carrots</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Muffin</li> <li>Pasta All Beef Bolognese</li> <li>Chicken Alfredo</li> <li>Cheese Panada Pie (V)</li> <li>Black Bean &amp; Corn</li> </ul>
<ul style="list-style-type: none"> <li>Corn Chex Cereal &amp; Educational Snacks</li> <li>Flame Broiled All Beef Cheeseburger</li> <li>Flame Broiled All Beef Burger (DF)</li> <li>Bean &amp; Cheese Pupusa (V)</li> <li>Lettuce w/Ranch</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Muffin</li> <li>Cheesy Beef &amp; Salsa Nacho Dip w/Scoops</li> <li>Chicken Tamale (DF)</li> <li>Spaghetti Marinara (V)</li> <li>Chili Citrus Corn</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bagel w/Cream Cheese</li> <li>Chicken Gumbo &amp; Cornbread</li> <li>Chicken Teriyaki (DF)</li> <li>Rainbow Veggie Pizza (V)</li> <li>Celery Sticks</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt &amp; Honey Grahams</li> <li>Chicken Taco Trio</li> <li>Chicken Enchiladas</li> <li>Cheese Panada Pie (V)</li> <li>*NEW* Garbanzo, Edamame &amp; Shredded Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Dipperdoodle Bar (DF)</li> <li>All Beef Hot Dog (DF)</li> <li>Chicken Quesadilla</li> <li>Cheese Ravioli (V)</li> <li>Baby Carrots</li> </ul>
<ul style="list-style-type: none"> <li>Zee Zee's Cinnamon Crisp (DF)</li> <li>All Beef Hot Dog (DF)</li> <li>Mongolian Beef</li> <li>Bean Cheese Quesadilla (V)</li> <li>*NEW* Black Beans, Edamame, Corn &amp; Diced Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Plain Bagel w/Cream Cheese</li> <li>Chili Citrus Chicken Drumstick w/Rice (DF)</li> <li>Pancakes Omelet (V)</li> <li>Fiesta Scoops w/Three Layer Dip (V)</li> <li>Corn</li> </ul>	<ul style="list-style-type: none"> <li>Cinnamon Chex &amp; Zac Attack Apple Bar (DF)</li> <li>Turkey Pepperoni Pizza</li> <li>Cheese Pizza (V)</li> <li>Coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Muffin w/Cream Cheese</li> <li>Spaghetti &amp; Turkey Beef Meatballs (DF)</li> <li>Kung Pao Chicken</li> <li>Cheese Lasagna (V)</li> <li>Broccoli w/Ranch</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Muffin</li> <li>Chicken Sausage and Cheddar Eggel Sandwich</li> <li>Chicken Potstickers (DF)</li> <li>Cheese Enchiladas (V)</li> <li>Baby Carrots</li> </ul>
<ul style="list-style-type: none"> <li>SPRING BREAK</li> </ul>	<ul style="list-style-type: none"> <li>SPRING BREAK</li> </ul>	<ul style="list-style-type: none"> <li>SPRING BREAK</li> </ul>	<ul style="list-style-type: none"> <li>SPRING BREAK</li> </ul>	<ul style="list-style-type: none"> <li>SPRING BREAK</li> </ul>

**Cold Breakfast & Elementary Lunch**

**MARCH**

**NATIONAL SCHOOL BREAKFAST WEEK IS MARCH 4-8!**

Celebrate National School Breakfast Week by enjoying some of your favorite breakfasts!

Start your morning off right with bagels w/cream cheese, breakfast bars, mini lemon muffins and more!

Breakfast & Lunch: choice of 1% or fat-free milk; fresh fruit served daily.

Dairy-free (DF) and vegetarian (V) options available daily -- if not listed on the menu, available upon request.

o Vegetable of the day

This institution is an equal opportunity provider.

We'd love to hear from you! Email SFUSD Student Nutrition Services at [schoolnlunch@sfl.sd.edu](mailto:schoolnlunch@sfl.sd.edu) with any questions, comments or concerns about the meal program.