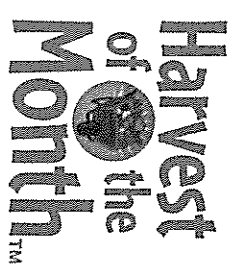


# Cold Breakfast & Elementary Lunch

# FEBRUARY

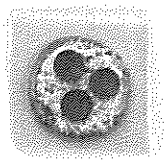


Local California mandarins are in season. Try one with your meal this month!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>• Zac Omega Strawberry Bar (DF)</li> <li>• Mongolian Beef w/Rice</li> <li>• Orange Grilled Chicken Bites</li> <li>• Bean Cheese Quesadilla (V)</li> <li>• Broccoli</li> </ul>	<ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>	<ul style="list-style-type: none"> <li>• Cinnamon Chex &amp; Educational Snacks</li> <li>• *NEW* Pepperoni Pizza</li> <li>• All Beef Hot Dog (DF)</li> <li>• Cheese Pizza (V)</li> <li>• Celery Sticks w/Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Plain Bagel w/Cream Cheese (DF)</li> <li>• Chili Citrus Drumstick w/Rice</li> <li>• Buffalo Crunchadilla</li> <li>• Pancakes w/Omelet (V)</li> <li>• Black Bean &amp; Corn</li> </ul>	<ul style="list-style-type: none"> <li>• Banana Muffin</li> <li>• Oven Roasted Chicken Sandwich (DF)</li> <li>• Chicken Potstickers w/Rice</li> <li>• Veggie Calzone (V)</li> <li>• Black Beans</li> </ul>
<ul style="list-style-type: none"> <li>• Corn Chex Cereal &amp; Educational Snacks</li> <li>• Flame Broiled All Beef Cheeseburger</li> <li>• Flame Broiled All Beef Burger (DF)</li> <li>• Veggie Calzone (V)</li> <li>• Lettuce w/Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Mini Lemon Muffin &amp; string Cheese</li> <li>• Kickin' Chicken Alfredo</li> <li>• Chicken Potstickers (DF)</li> <li>• Paranda Pie (V)</li> <li>• Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>• Blueberry Bagel w/Cream Cheese</li> <li>• Chicken Gumbo &amp; Cornbread</li> <li>• Sunbutter and Jelly Sandwich</li> <li>• Rainbow Veggie Pizza (V)</li> <li>• Celery Sticks</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt &amp; Honey Granola</li> <li>• *NEW* Cheesy Bean &amp; Salsa Nacho Dip w/Scoops</li> <li>• Chicken Tamale (DF)</li> <li>• Spaghetti Marinara (V)</li> <li>• Pinto Beans</li> </ul>	<ul style="list-style-type: none"> <li>• Cheertios Cereal &amp; Zac Attack Apple Bar (DF)</li> <li>• All Beef Hot Dog (DF)</li> <li>• General Tso Chicken</li> <li>• Cheese Ravioli (V)</li> <li>• Baby Carrots</li> </ul>
<ul style="list-style-type: none"> <li>• HOLIDAY</li> </ul>	<ul style="list-style-type: none"> <li>• Dipperdoodle Bar (DF)</li> <li>• Lone Star BBQ Chicken Sandwich (DF)</li> <li>• Chicken Taco Trio</li> <li>• Cheese Tamale (V)</li> <li>• Corn</li> </ul>	<ul style="list-style-type: none"> <li>• Plain Bagel w/Cream Cheese</li> <li>• *NEW* Pepperoni Pizza</li> <li>• All Beef Hot Dog (DF)</li> <li>• Cheese Pizza (V)</li> <li>• Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>• Mini French Toast Muffin &amp; String Cheese</li> <li>• Flame Broiled All Beef Burger (DF)</li> <li>• Grilled Chicken Bites w/BBQ Beans</li> <li>• Hearty Veggie Chill (V)</li> <li>• Broccoli w/Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt &amp; Educational Snacks</li> <li>• Chicken Teriyaki (DF)</li> <li>• Turkey and Cheddar Sandwich</li> <li>• Pancakes w/Omelet (V)</li> <li>• Edamame</li> </ul>
<ul style="list-style-type: none"> <li>• Zac Omega Strawberry Bar (DF)</li> <li>• Flame Broiled All Beef Cheeseburger</li> <li>• Flame Broiled All Beef Burger (DF)</li> <li>• Cheese Pizza (V)</li> <li>• Baby Carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast Cinnamon Crumble</li> <li>• *NEW* Smothered Burrito</li> <li>• Chicken Tamale (DF)</li> <li>• Cheese Lasagna (V)</li> <li>• Carrot, Corn &amp; Peas</li> </ul>	<ul style="list-style-type: none"> <li>• Cheertios Cereal &amp; Animal Crackers</li> <li>• Mongolian Beef</li> <li>• Chicken Gumbo &amp; Cornbread</li> <li>• Rainbow Veggie Pizza (V)</li> <li>• Broccoli w/Ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Blueberry Bagel w/Cream Cheese</li> <li>• Chili Citrus Drumstick w/Rice (DF)</li> <li>• All Beef Hot Dog (DF)</li> <li>• Cheese Ravioli (V)</li> <li>• Coleslaw</li> </ul>	

**WHAT'S NEW?**  
Try our **NEW Pepperoni Pizza** – zesty marinara sauce, gooey mozzarella cheese and turkey-beef pepperoni on a round whole-grain crust!

Try it on Feb 6th and Feb 20th!



**Breakfast & Lunch:** choice of 1% or fat-free milk; fresh fruit served daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.  
o **Vegetable** of the day

This institution is an equal opportunity provider.

We'd love to hear from you! Email SFUSD Student Nutrition Services at [schoolunch@sfusd.edu](mailto:schoolunch@sfusd.edu) with any questions, comments or concerns about the meal program.