



STUDENT  
NUTRITION  
SERVICES

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2	3	4
<p><b>7</b></p> <ul style="list-style-type: none"> <li>Cinnamon Chex &amp; Honey Grahams</li> <li>Cheerios &amp; Educational Snacks</li> <li>Mighty Meaty Deli Combo Sandwich</li> <li>Sunbutter Jelly Sandwich (V)</li> <li>Baby Carrots</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>Blueberry Bagel w/Cream Cheese</li> <li>Mongolian Beef w/Rice</li> <li>Scoops w/Chicken &amp; Green Chile Cheese Dip</li> <li>Cheese Ravioli (V)</li> <li>Corn</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>Mini French Toast Muffin &amp; String Cheese</li> <li>Chili Citrus Chicken Drumstick w/Rice (DF)</li> <li>Chicken Tamale (DF)</li> <li>Pancakes &amp; Omelet (V)</li> <li>Green Beans</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>Dipperdoodle Bar (DF)</li> <li>*NEW* Ranchero Chicken con Queso Bake</li> <li>Lone Star BBQ Chicken Sandwich</li> <li>Cheese Lasagna (V)</li> <li>Chopped Lettuce w/Ranch</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>Yogurt &amp; Educational Snacks</li> <li>Pasta w/Turkey Beef Bolognese</li> <li>Chicken Sausage and Cheddar Eggel Sandwich</li> <li>Pasta Alfredo (V)</li> <li>Corn</li> </ul>
<p><b>14</b></p> <ul style="list-style-type: none"> <li>Dipperdoodle Bar (DF)</li> <li>Chicken Potstickers w/Rice</li> <li>Oven Roasted Chicken Sandwich (DF)</li> <li>Cheese Pizza (V)</li> <li>Green Peas</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>*NEW* Mini Lemon Muffin &amp; String Cheese</li> <li>All Beef Hot Dog (DF)</li> <li>Chicken Quesadilla</li> <li>Fiesta Scoops w/Three Layer Dip (V)</li> <li>Pinto Beans</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble</li> <li>Spaghetti and Meatballs (DF)</li> <li>Chicken Taco Trio</li> <li>Cheese Pizza (V)</li> <li>Baby Carrots</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>Mini Bagels w/Grape Jam</li> <li>Hard-Boiled Egg (VG)</li> <li>Orange Chicken w/Rice (DF)</li> <li>Chicken Tamale (DF)</li> <li>Italian Calzone (V)</li> <li>Broccoli &amp; Carrot Salad</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>Corn Chex &amp; Zac Attack Strawberry Bar (DF)</li> <li>Chicken Enchiladas</li> <li>Turkey and Cheese Flatbread Sandwich</li> <li>Cheese Panada Pie (V)</li> <li>Celery Sticks w/Ranch</li> </ul>
<p><b>21</b></p>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>Dipperdoodle Bar (DF)</li> <li>Corn Chex &amp; Educational Snacks</li> <li>Flame Broiled all Beef Cheeseburger</li> <li>Flame Broiled all Beef Burger (DF)</li> <li>Veggie Calzone (V)</li> <li>Chopped Lettuce w/Ranch</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>Banana Muffin</li> <li>Chicken Gumbo &amp; Combread</li> <li>Tomato Curry w/Grilled Chicken</li> <li>Pancakes &amp; Omelet (V)</li> <li>Green Beans</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>Mini French Toast Muffin</li> <li>String Cheese</li> <li>Hawaiian Meatballs (DF)</li> <li>*NEW* Ranchero Chicken con Queso Bake</li> <li>Scoops w/Black Bean &amp; Green Chile Cheese Dip (V)</li> <li>Pinto Beans</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>Yogurt &amp; Honey Grahams</li> <li>Jerk Chicken Drumstick w/Pineapple Carrot Rice (DF)</li> <li>Buffalo Chicken Crunchadilla</li> <li>Bean Cheese Burrito (V)</li> <li>Baby Carrots</li> </ul>
<p><b>28</b></p> <ul style="list-style-type: none"> <li>Corn Chex &amp; Mini Dipperdoodle Bar (DF)</li> <li>Baked Mac &amp; cheese w/Chicken Sausage Combo</li> <li>Chicken Taco Trio</li> <li>Cheese Lasagna (V)</li> <li>Baby Carrots</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>Plain Bagel w/Cream Cheese</li> <li>All Beef Hot Dog (DF)</li> <li>General Tso Chicken w/Rice</li> <li>Cheese Ravioli (V)</li> <li>Corn</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>*NEW* Mini Lemon Muffin &amp; String Cheese</li> <li>Orange Chicken w/Rice (DF)</li> <li>Pepper Jack All Beef Cheeseburger</li> <li>Scoops w/Black Bean &amp; Green Chile Cheese Dip (V)</li> <li>Broccoli w/Ranch</li> </ul>	<p><b>31</b></p> <ul style="list-style-type: none"> <li>Yogurt &amp; Granola</li> <li>Kickin' Chicken Alfredo</li> <li>Sweet n Smoky Chicken Sausage Rice Bowl</li> <li>Cheese Enchiladas (V)</li> <li>Green Beans</li> </ul>	

Happy New Year!  
REV up your 2019! We're jazzing things up for the new year with a new look & feel. Check out our meals this month to see our new packaging!



Breakfast: choice of 1% or fat-free milk; fresh fruit served daily

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

# JANUARY Cold Breakfast & Elementary Lunch

This institution is an equal opportunity provider.

We'd love to hear from you! Email SFUSD Student Nutrition Services at [schoollunch@sfusd.edu](mailto:schoollunch@sfusd.edu) with any questions, comments or concerns about the meal program.

o Vegetable of the day